



# REGIS

CENTER FOR HEALTH  
AND WELLNESS

Student Health Forms

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

## TUBERCULOSIS (TB) QUESTIONNAIRE AND TESTING FORM

Country of Birth: \_\_\_\_\_ Year Arrived in the US: \_\_\_\_\_

| PART 1: TUBERCULOSIS SCREENING QUESTIONS: <b>TO BE COMPLETED BY INCOMING STUDENT/PARENT/GUARDIAN</b> |                                                                                                                                                                                                                                                                                                                                                                                                                               | YES | NO |
|------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|
| #1                                                                                                   | Have you ever had a positive Tuberculin Skin Test (TST), TB Quantiferon test or T-Spot? <i>If yes, when:</i> _____                                                                                                                                                                                                                                                                                                            |     |    |
| #2                                                                                                   | Have you ever had close contact with persons known or suspected to have active TB disease?<br>If yes, when? _____                                                                                                                                                                                                                                                                                                             |     |    |
| #3                                                                                                   | Were you born in, or have you lived, worked or visited for more than one month in any of the countries <b>listed on the next page titled, Appendix 2: 2025 High Incidence Country List?</b><br>a. If yes, what country? _____ How long? _____<br>b. Reason: <input type="checkbox"/> Born there <input type="checkbox"/> Tourist <input type="checkbox"/> Work <input type="checkbox"/> School <input type="checkbox"/> Other |     |    |
| #4                                                                                                   | Have you been a resident, volunteer, and/or employee of high-risk congregate settings (e.g., correctional facilities, long-term care facilities, and/or homeless shelters)?                                                                                                                                                                                                                                                   |     |    |
| #5                                                                                                   | Have you been a volunteer or health care worker who served clients who are at increased risk for active TB disease?                                                                                                                                                                                                                                                                                                           |     |    |
| #6                                                                                                   | Have you ever been a member of any of the following groups that may have an increased incidence of inactive TB infection or active TB disease: medically underserved, low-income, or using drugs or alcohol?                                                                                                                                                                                                                  |     |    |

- If the answer to **ALL** of the questions above is **NO**, **SKIP** the remaining sections of this form and upload it.  
(No Health Care Provider Signature needed.)
- If the answer is **YES** to question 1 above, no additional TB testing (TST, IGRA) should be performed. **HOWEVER**, your healthcare provider must complete PARTS 2, 3, and 4 with documentation as needed for uploading.
- If the answer is **YES** to any of the questions 2-6 above, Regis College requires that you receive **TB testing within the last 6 months prior to the start of the program**. Please see below for further instruction, depending upon your test result.  
→ **NEGATIVE TEST RESULT:** You can skip the remainder of this form and upload your TB test result with this form.  
→ **POSITIVE TEST RESULT:** Your healthcare provider must complete PARTS 2,3 and 4 with additional documentation as needed, **AND** you must upload all test results with this form.

### PART 2: TB TESTING: **TO BE COMPLETED BY A HEALTH CARE PROVIDER**

- **TST result:** should be recorded as actual millimeters (mm) of induration, transverse diameter; if no induration, write "0". The TST interpretation should be based on mm of induration as well as risk factors, see interpretation guidelines below.  
Date Planted: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date Read: \_\_\_\_/\_\_\_\_/\_\_\_\_ Result: # of mm of induration: \_\_\_\_\_
- **QUANTIFERON-TB GOLD OR T-SPOT:**  
Date of Test: \_\_\_\_/\_\_\_\_/\_\_\_\_ Type of Test: ☐ QuantiFERON-TB Gold Plus ☐ T-Spot ☐ other  
Result: ☐ Positive ☐ Negative ☐ Indeterminate ☐ Borderline (T-spot only)  
**Please attach a copy of the lab report.**
- **CHEST X-RAY:**  
Date of Chest x-ray: \_\_\_\_/\_\_\_\_/\_\_\_\_ Result: ☐ Abnormal ☐ Normal Interpretation: \_\_\_\_\_  
**Please attach a copy of the written chest x-ray report**

### PART 3: MANAGEMENT OF POSITIVE TST OR IGRA: MEDICATION SECTION: **TO BE COMPLETED BY A HEALTH CARE PROVIDER**

|    |                                                                                                                                                                                                                                                                                                                   | YES | NO |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|
| #1 | Was the patient educated and counseled on latent tuberculosis and advised to take medication because of the positive results?                                                                                                                                                                                     |     |    |
| #2 | Did the patient decline treatment at this time?<br>If the patient declined treatment, please provide a TB symptom review done within the past year.<br><b>Those with a history of a positive TB test, who have not been treated for latent TB must have an annual symptom review with a health care provider.</b> |     |    |
| #3 | Did the patient agree to receive treatment at this time?<br>• Indicate medication(s) prescribed: Start Date: ____/____/____ End Date: ____/____/____<br>_____                                                                                                                                                     |     |    |

### PART 4: **SIGNATURE OF HEALTH CARE PROVIDER**

Signature of Health Care Provider

Printed Name

Date

Mailing Address

Office Phone

Office Fax Number



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## Appendix 2: 2025 High-Incidence Country List

Countries with a 3-year average incidence  $\geq 20$  cases per 100k population, 2021-2023,  $n=129^{24}$

*Countries added in 2025: None; Countries subtracted in 2025: None*

|                                  |                                         |                                    |
|----------------------------------|-----------------------------------------|------------------------------------|
| Afghanistan                      | Ghana                                   | Northern Mariana Islands           |
| Algeria                          | Greenland                               | Pakistan                           |
| Angola                           | Guam                                    | Palau                              |
| Anguilla                         | Guatemala                               | Panama                             |
| Argentina                        | Guinea                                  | Papua New Guinea                   |
| Armenia                          | Guinea-Bissau                           | Paraguay                           |
| Azerbaijan                       | Guyana                                  | Peru                               |
| Bangladesh                       | Haiti                                   | Philippines                        |
| Belarus                          | Honduras                                | Qatar                              |
| Belize                           | India                                   | Romania                            |
| Benin                            | Indonesia                               | Russian Federation                 |
| Bhutan                           | Iraq                                    | Rwanda                             |
| Bolivia (Plurinational State of) | Kazakhstan                              | Sao Tome and Principe              |
| Bosnia and Herzegovina           | Kenya                                   | Senegal                            |
| Botswana                         | Kiribati                                | Sierra Leone                       |
| Brazil                           | Korea (Democratic People's Republic of) | Singapore                          |
| Brunei Darussalam                | Korea (Republic of)                     | Solomon Islands                    |
| Burkina Faso                     | Kyrgyzstan                              | Somalia                            |
| Burundi                          | Lao People's Democratic Republic        | South Africa                       |
| Cabo Verde                       | Lesotho                                 | South Sudan                        |
| Cambodia                         | Liberia                                 | Sri Lanka                          |
| Cameroon                         | Libya                                   | Sudan                              |
| Central African Republic         | Lithuania                               | Suriname                           |
| Chad                             | Madagascar                              | Tajikistan                         |
| China                            | Malawi                                  | Tanzania (United Republic of)      |
| China, Hong Kong SAR             | Malaysia                                | Thailand                           |
| China, Macao SAR                 | Maldives                                | Timor-Leste                        |
| Colombia                         | Mali                                    | Togo                               |
| Comoros                          | Marshall Islands                        | Tunisia                            |
| Congo                            | Mauritania                              | Turkmenistan                       |
| Congo (Democratic Republic of)   | Mexico                                  | Tuvalu                             |
| Cote d'Ivoire                    | Micronesia (Federated States of)        | Uganda                             |
| Djibouti                         | Moldova (Republic of)                   | Ukraine                            |
| Dominican Republic               | Mongolia                                | Uruguay                            |
| Ecuador                          | Morocco                                 | Uzbekistan                         |
| El Salvador                      | Mozambique                              | Vanuatu                            |
| Equatorial Guinea                | Myanmar                                 | Venezuela (Bolivarian Republic of) |
| Eritrea                          | Namibia                                 | Viet Nam                           |
| Eswatini                         | Nauru                                   | Yemen                              |
| Ethiopia                         | Nepal                                   | Zambia                             |
| Fiji                             | Nicaragua                               | Zimbabwe                           |
| Gabon                            | Niger                                   |                                    |
| Gambia                           | Nigeria                                 |                                    |
| Georgia                          | Niue                                    |                                    |

<sup>24</sup> National Society of Tuberculosis Clinicians. *Testing and treatment of latent tuberculosis infection in the United States: clinical recommendations*. Smyrna, GA: National Tuberculosis Controllers Association, February 2021.