On the Front Lines: Addressing Workplace Violence in Healthcare

Prevention and Intervention Strategies

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Chair, Promoting a Safe Environment Committee
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Parkland's Mission, Vision, and Values







Parkland Health's Mission

Advance Wellness Relieve Suffering Develop & Educate

ntegrity

I will be honest, trustworthy, authentic, humble and transparent.

Compassion and Collaboration

I will provide service in a spirit of empathy, concern, and love. I will work together with others to deliver excellent care for our community.

Accountability

I will hold myself and others responsible for performance excellence, stewardship, and will welcome feedback.

Respect

I will value the unique and diverse experiences of others and treat everyone with kindness and humility

E_{quity}

I will value the diversity of patients and colleagues and strive to promote everyone's health, dignity, and voice.



SAFETY FIRST Universal Skills for Everyone



Pay Close Attention

- · Self-check using STAR (Stop / Think / Act / Review)
- · Cross-check yourself and others



Communicate Clearly

- · Conduct 3-way repeat back and read backs
- · Use phonetic and numeric clarifications
- · Handoff with SBAR
- · Ask clarifying questions



Speak Up for Safety

 Escalate concerns using CUS (Voice a Concern / State I am Uncomfortable / This is a Safety Concern)



Think Critically

- · Question and confirm using Validate and Verify
- · Use checklists, flowsheets, or other job aids
- Consult references when unsure (refer to policies and protocols)



Build the Culture

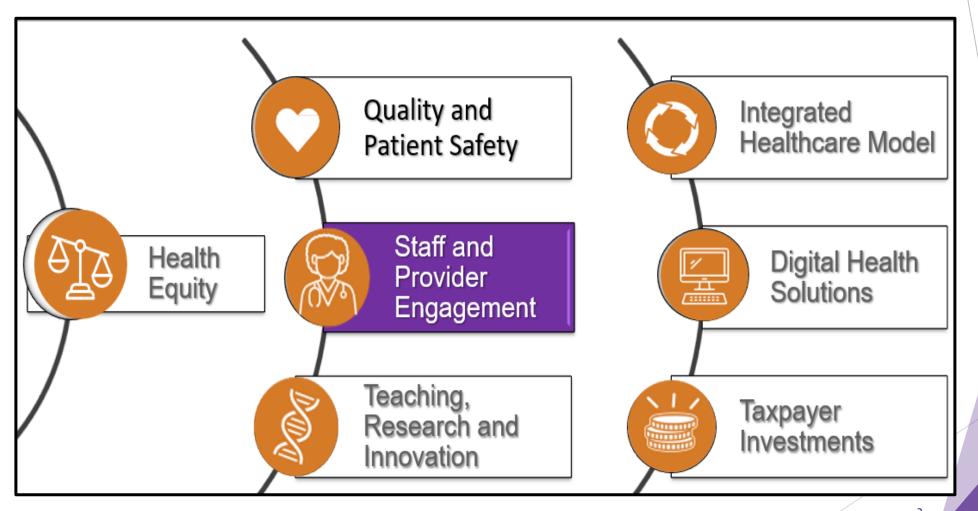
- · Model the way (Check and Coach)
- · Embrace and reinforce ICARE values

Additional HRO skills and tools available at: https://phhs.sharepoint.com/HRO/SitePages/Home.aspx

Version 2, May 2023

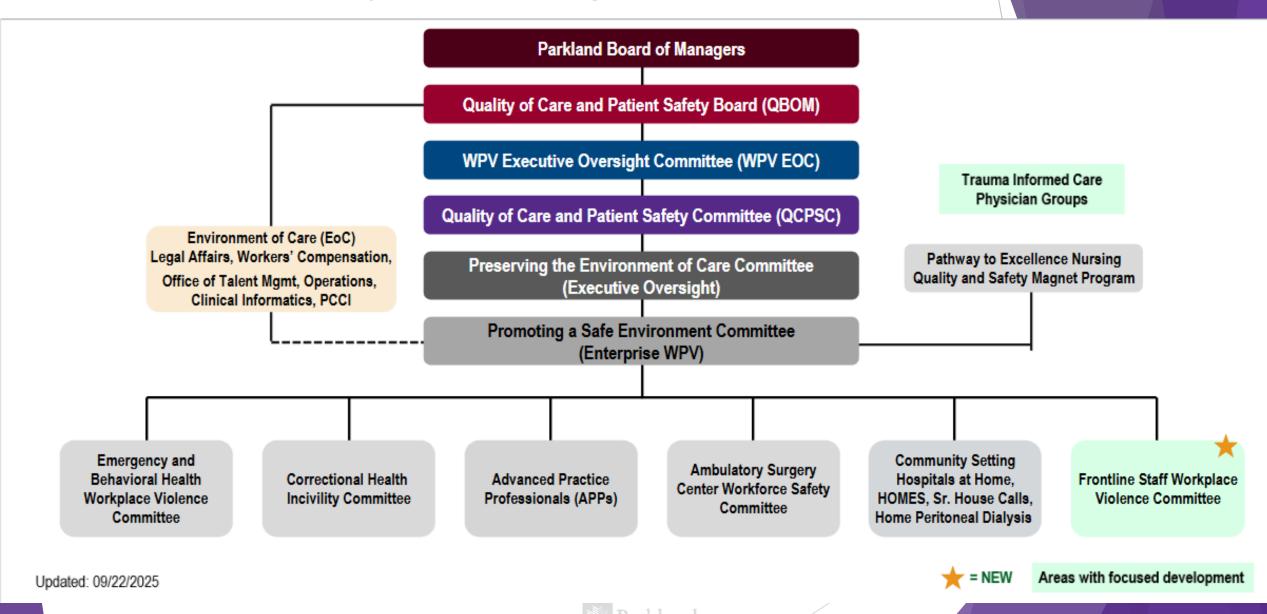


Strategic Priorities: Workplace Violence

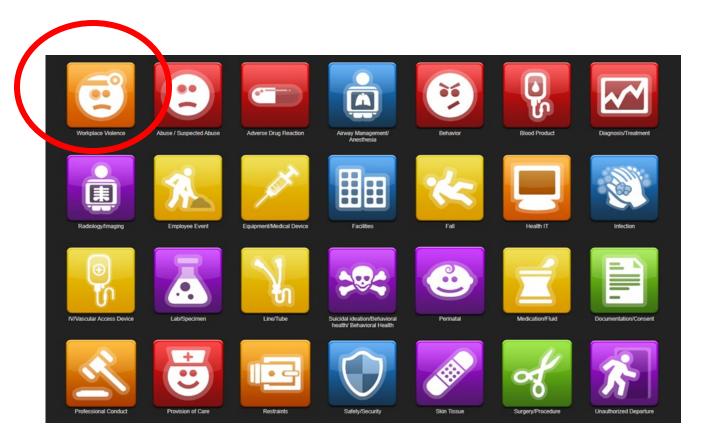




Workforce Safety Reporting Structure



WPV Event Reporting

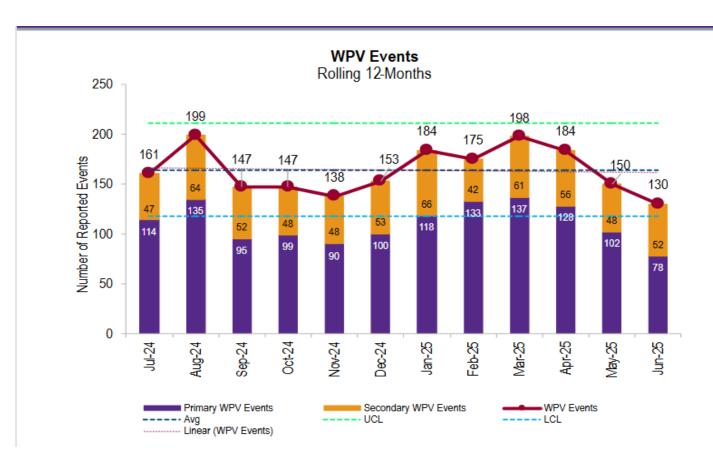








Safety Center: Workplace Violence Reported Events



Reporting of WPV events have steadily increased from FY2021 (776) to FY2024 (1,753).

FYTD2025 already shows 1,459 events through June, continuing the upward trend.

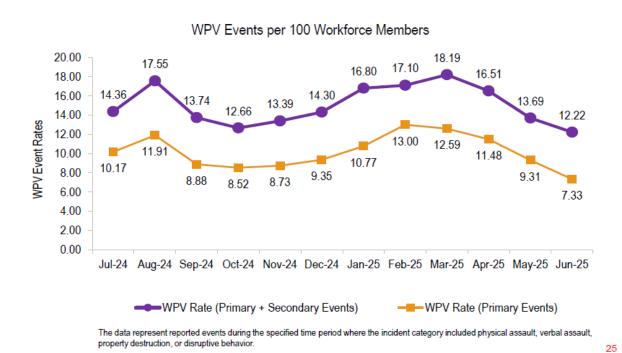
The data represent reported events during the specified time period where the incident category included physical assault, verbal assault, property destruction, or disruptive behavior.



Workplace Violence Events per Workforce Member

- As of June 2025, at least 7 out of every 100 workforce members experienced one or more types of workplace violence (WPV).
- A single behavioral incident can involve multiple event types (e.g., verbal and physical abuse, property damage, etc.)
- When all event types are counted, the WPV rate increases to 12 events per 100 workforce members.

Rate = (Number of WPV incidents × 200,000¹) / Total hours worked ¹ 200,000 represents the standard base for calculating rates per 100 full-time employees, assuming each works 2,000 hours/year.





Tiered Process for Managing Aggressive Behavior

Behavior Warning Letter

Disruptive Behavior Advisory

Termination Case Review

> FINAL CMO Review "PEC"

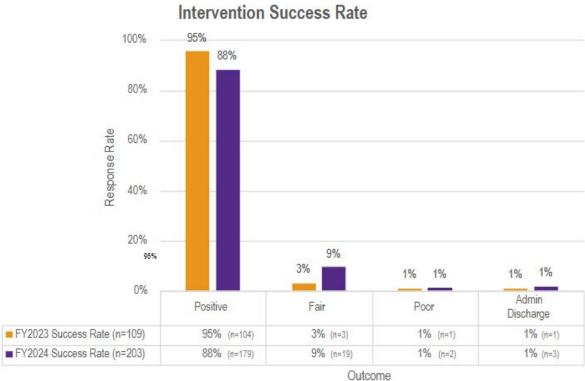
- Initiates formal procedure
 - · Formal notification to patient for behavior modification
 - Requires supplemental documentation of events (EMR/MyChart/police reports, etc)
- Escalation for continued unwanted behavior
 - Requires supportive documentation of events (EMR/MyChart, safety reports, etc)
 - Case review may be requested by any member of the Parkland workforce
 - Behavior Alert placed in patient record
- Continued escalation: "Preserving the Environment of Care" Committee
 - Leaders charged with thorough review (objective documents, <u>trauma</u>)
 - Included local workforce members, leadership testimony
- Final termination recommendation forwarded for review/approval by CMO
 - Final CMO response forwarded to all involved providers, clinical leaders, workforce members and health information management (EMR upload)
 - Verification of termination cross check to patient EMR (Patient Term. Report)



Behavioral Intervention Success Rate



Positive	No documented inappropriate behaviors
Fair	One follow-up letter before behaviors improved
Poor	Additional communication required before behaviors improved
Admin Discharge	Discharged from healthcare system (ED/L&D only per EMTALA)

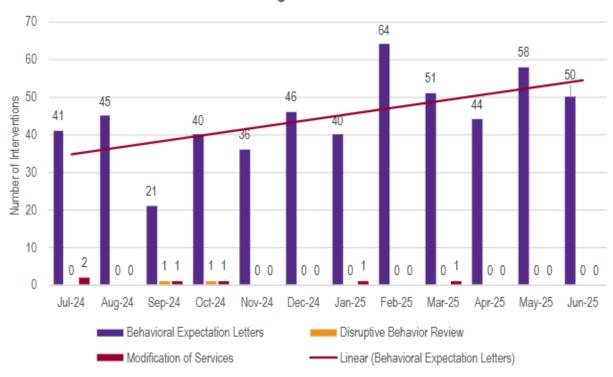






Progression of Case Reviews

WPV Behavioral Interventions Rolling 12-Months



 Behavior Expectation Letters and Investigations
 (n=890 from inception)



2. Disruptive Behavior Review (n=17 from inception)



Modification of Services: up to and inclusive of formal administrative discharge through the PEC* Committee (n=33 from inception)

*PEC - Preserving the Environment of Care Committee



2025 WPV Plan Goal Status Update



2025 WPV Plan Goals:

On Trools

Completion of an environmental safety risk assessment for the pediatric patient population in the Burn Unit.

Completed

Assess and evaluate initial patient facing structures to include but are not limited to 1) Needed protection barriers and 2) Panic Alarms (assess, availability and functionality)

Completed

Deployment of PCCI Brøset Violence Checklist across all medical/surgical units (Phase III)

Completed

Completion and implementation of Policy 4000-1400 Paid Time Off policy update (WPV PTO)

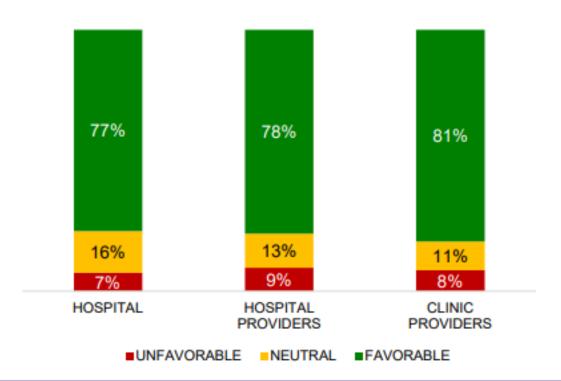
Completed

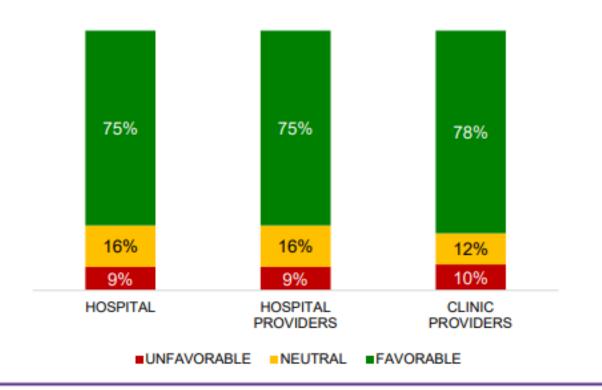
Sustainment or improvement of the score of 3.96 for the 2024 Pulse Survey questions focused on safety and workplace violence.

Completed

This organization has effective processes for responding to patients or their family displaying violent behavior.

This organization has **good security measures** in place that help prevent violent behavior from patients or their families



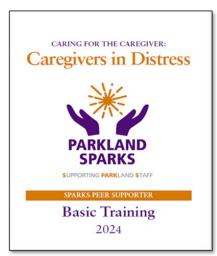


WPV Response & Prevention Items		Percent Favorable El	Percent	Percent		vs 2024 Results Survey Mean Score Difference from History		Nat'l SafetyNet Hosp Avg 2025	
Employees									
This organization has effective processes for responding to violent patients or their family.		80 %	13 %				0.0		
This organization has good security measures in place that help prevent violence from patients or their families.	4.05	79 %	14 %	7%	9909	3.95	0.1	0 N/A	
							P<0.05		
	Item Mean	Percent	Percent	Percent	2025 Responses		24 Results Survey	Nat'l Phys SafetyNet Avg 2025	
CUNIC PROVIDERS		Favorable El	Neutral El	Unfavorable El	within Rows	Mean Score	Difference from History	Difference from Benchmark	
This organization has effective processes for responding to violent patients or their family.	4.09	84 %	7%	9%	243	4.06	0.0	3 N/A	
This organization has good security measures in place that help prevent violence from patients or their families.	4.05	82 %	11 %	7%	243	4.00	0.0	5 N/A	
							P>0.05 ns		
	Item Mean	Percent	Percent	Percent	2025 Responses		24 Results Survey	Nat'l Phys SafetyNet Avg 2025	
HOSPITAL PROVIDERS	Score	Favorable El				Mean Score Difference from History			
This organization has effective processes for responding to violent patients or their family.	4.02	100	11%				0.0		
This organization has good security measures in place that help prevent violence from patients or their families.			14%				0.0	Mr	
		13.00				1000	P > 0.05		
2025 mean scores were higher than 2024 for both questions for all Service Lines, although only significantly higher for employees									

SPARKS: Supporting PARKland Staff

Caregivers caring for others

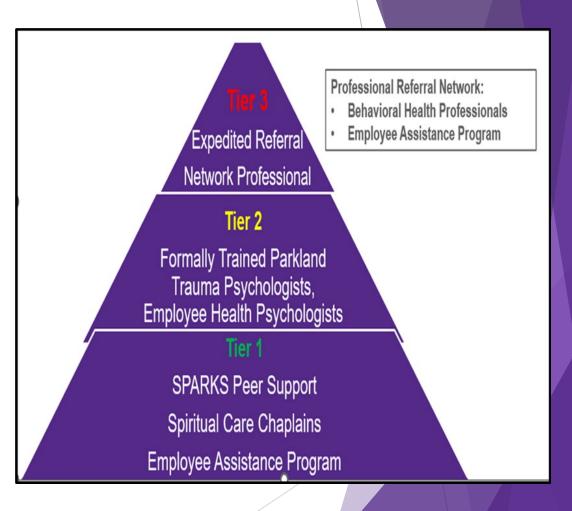






SPARKS Peer Support Program: Why needed?

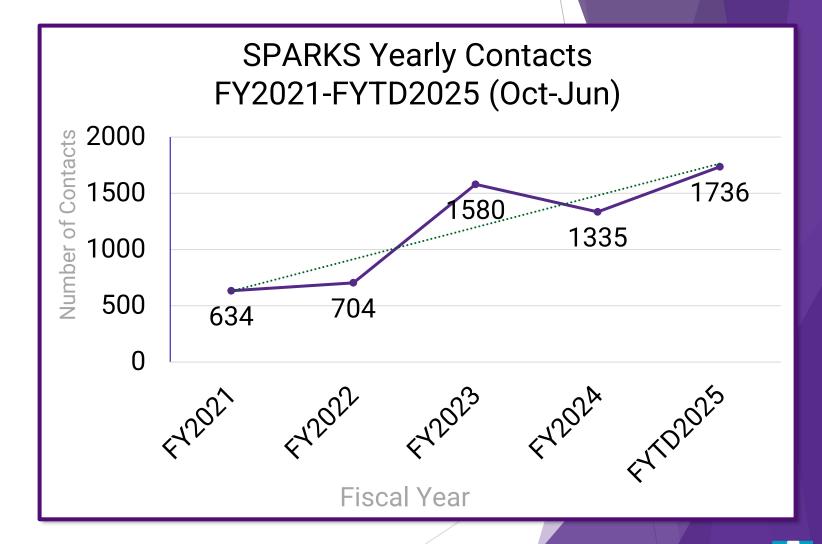
Work Stressors Lack of Work/Life Balance Secondary Trauma Societal Stressors Capacity (Volume) Challenges Workplace Violence National Strife/International Conflicts





SPARKS Data: Contacts

- SPARKS annual contacts rose steadily from FY2021 to 1736 by June FY2025.
- This indicates growing engagement and demand for support.
- SPARKS is one of several support modalities for the workforce.



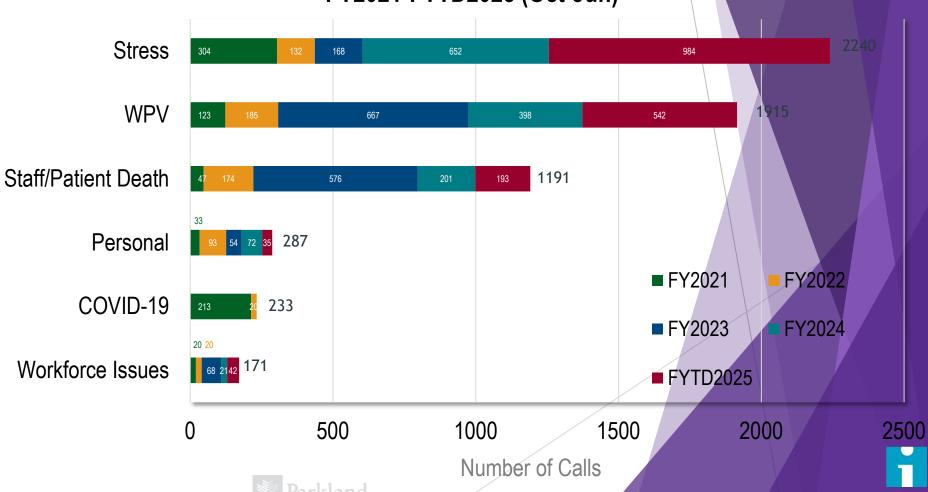


SPARKS Data

Stress and WPV
 (Workplace Violence)
 have consistently been
 the top reasons for
 SPARKS calls from
 FY2021 to FYTD2025,
 with noticeable
 increases in both
 categories over time.

 COVID-19 declined after FY2021, while Staff/Patient Death, Personal, and Workforce Issues reasons remained relatively stable.

Number of SPARKS Calls by Reasons FY2021-FYTD2025 (Oct-Jun)



Workforce Safety

- Post Event Support:
 - Spiritual Care
 - SPARKS On Call
 - Employee Health Center
 - **Employee Assistance Program**
 - ▶ WPV Care Packages
 - Badge Buddies
 - Lavenders Carts
 - Meditation Rooms (Main Hospital and Correctional Health)
 - Comprehensive Resource List
 - Evaluation of role change for impacted victims
 - Trauma Informed Care

THE SPARKS TEAM: PEER SUPPORT

ne SPANAS Supporting <u>PANES</u> has gently team provides a reasonal recume or Hoop system employees who have experienced a stressful, patient related incident with onfidential peer to peer support. An adverse patient event, such as a medical ereor, scalation to a higher level of care or death, can have a profound impact on care roviders, any of whom may become a 'second victim' of the situation.



r stressful situation, he or she is considered a "second victim

Second-guess their clinical skills and knowledge



ARKS team after any traumatic patient event. It's critical to get timely oport after such events. Peer support gives employees a safe space to talk out troubling situations. Recipients report that such support reduced elings of anxiety and blame and helped them recuperate more quickly. The SPARKS ream can also help identify other available resources



he SPARKS team is comprised of volunteer Parkland staff from a variety of isciplines and work settings. Every SPARKS peer supporter has been trained

· Grief or remorse

Extreme sadness

Mental & Emotional Health

Parkland Internal Resources

Spiritual Care

Urgent Needs: 24/7 Call Chaplair

Pages 214-786-8108

Monday - Friday, 8 a.m. - 4:30 p.m. Call: 214-590-8512

Emergency Psychosocial Services

easy-to-learn strategies to manage potentia

Contact jessica george@phhs.org

Victim Intervention Program (VIP)

214-590-2926 Crisis Line: 214-590-0430

Behavioral Health Clinic Moody

Outpatient Center, 6th Floor

Institutional Ethics Committee

Resources

Email ETHICS CONSULT as the group name! https://phits.sharepoint.com

Employee Health Center

Behavioral Health

Provides access to in-person and virtual psychotherapy services and self-enhancement

External Resources

24/7 National Crisis Text Line

Local Peer Support Group

REACTIONS TO A STRESSFUL EVENT

· Changes in sleep patterns · Difficulty concentrating

· Changes in eating habits · Headache · Dinebox

· Rapid heart rate · Rapid breathing

as relax, to help alleviate Remind yourself that it is okay that you are

eactions to a stressful even Avoid alcohol and drug use Give yourself permission to react; don't try to hide your



The Center for Integrative

Counseling & Psychology

(Outpatient Therapy on UMR)

National Disaster Distress Line

Text: "Telk With Us" to 66746

Here for Texas (Navigation Line)

North Texas Behavioral Health

Authority (NTBHA)

247 Support Line: 866-260-8000 https://ritbha.org/

Trauma Support Services of North

Texas

Free, trauma-trained individual & group

sessions available: 972-709-4604 Traumasupportsensors.org

Telehealth Counseling for

Healthcare Workers

Additional Resources & Support

Back-Up Care: Annie's Place

Team members are eligible for 15 days of free backup childcare

www.mommissinneed.org/anniesplace 'Apply Now' button

PARKLAND

A SPARKS peer so is available 24 ho

· Do someth



□ Open Hands ☐ Peer Support

☐ Relax Tongue Relaxation ☐ Use App

□ Breathing

☐ Body Scan

□ Containment

☐ Use Rhythm

☐ "Drop 3"

□ Relax Palate

□ Touch Lips

☐ Muscle

□ Pelvic Floor

☐ Half Smile □ STOP technique

Parkland

□ Peripheral

Financial Relief & Resources

Parkland Auxiliary Benevolence

. Short-term financial support for full-time

Contact Marcy Barron, 214-590-8990

periods

• https://bh/hs.sharepoint.com/Pages/

Forkland employees with unexpected, life altering financial hardships

Financial Hardship Relief Program

Assets Parkland employees unable to repay a pay day loan for more than three pay

Community Loan Center of Dallas

· Affordable, small dollar loans (\$400-100)

PTO Donation Request - Limited

Implices who se exhausted their PTO

receive donated PTO

• OTM Service Portal > Helpful information

> COVID-19 OTM Resources > Request

For employees and dependents on the

Teladoc: Telemedicine Provider

Healthcare Resources

Parkland Employee Health Plan

Teledoc.com, 1-800-Teladoc

consultation feel

UMR Nurse Line

qualifying circumstances may be eligible to

with 12 months to supay and 1-on-1

· www.ckcofdallac.org

Staff Support Resources page





Workforce

Members

Resources

Parkland

New SPARKS Mobile Lavender Carts

Lavender carts are mobile staff support centers intended to provide staff with calming, comforting items and resources during stressful times. In addition to physical resources, the Lavender cart will provide a safe space for staff to indirectly debrief and acknowledge their experiences while receiving informal peer support. These carts include tea, candy, lip balm, stress balls, coloring sheets, resource referral pages, and more

Lavender carts can be requested by departments or unit leaders for staff who have experienced high stress situations, including but not limited to:

WRAPPING YOU WITH SUPPORT **KEEPING YOU CLOSE** IN OUR THOUGHTS

1 Unexpected death of patient, colleague, or loved or

Parkland

- 2 Workplace violence events
- 4 Cumulative effects of work-related events or stressor

- On weekdays from 6:45 a.m. 6 p.m.

Once requested, the Lavender Cart will arrive within 1-2 hours. SPARKS peer supporters, Spiritual Care staff, and/or the Nursing Administrative Officer will accompany the cart



The SPARKS (Supporting Parkland Staff) peer support team provides

You can reach SPARKS peer supporters 24 - 7 by paging the On-call peer supporter in the online directory.

Lavender carts are offered through collaboration between SPARKS and Spiritual Care





by', select 'other' More information on website or call 214-256-8064





Universal Interventions

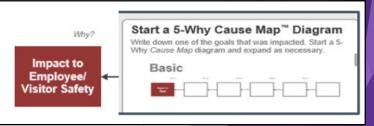
- ► "Safety Starts with Me" Employee ID Campaign
- ► Third-Party Risk Assessment: Security Enhancements
 - ▶ Weapons Detection System
 - ► Enhanced camera, badge access readers
 - ▶ Internal Risk Assessments
 - ► High Risk areas (Psychiatry, Emergency Dept.)
 - ► Community High Risk areas
- Training: Onboarding & De-Escalation Training
- Executive Rounding- query about safety/security
- Executive Huddle: transparency of days since last WPV event
 - ► Days since last WPV=0
- Cause Analysis on all WPV events with employee injury
 - ► Evaluation of role change for impacted victims













Patient & Visitor Signage

Patient Responsibility Responsabilidad del Paciente

As a patient of Parkland, no matter the location, you have the responsibility to:

- · Ask questions when you don't understand
- · Follow the rules and policies
- Respect others

· Be truthful

- Respect Parkland property
- Avoid aggressive or violent behavior
- Avoid making threats
- Do not discriminate or be sexually aggressive
- Parkland is a smoke free campus

Parkland may take the following actions:

- Counsel you on behavioral expectations
- Provide verbal and written warnings on inappropriate behavior
- Place a behavioral alert in your patient chart
- Prohibit disruptive family members or friends from entering healthcare setting
- Suspend Parkland visits for 24 hours or longer
- Call police
- · File criminal charges

Como paciente de Parkland, no imoprta el lugar, usted tiene la responsabilidad de:

• Ser sincero

- · Hacer preguntas cuando no entienda
- · Seguir las reglas y las políticas
- · Respetar a los demás
- Respetar la propiedad de Parkland
- Evitar conductas agresivas o violentas
- Evitar hacer amenazas
- · No discriminar ni ser sexualmente agresivo
- · Parkland es un lugar donde no se fuma

Parkland puede tomar las siguientes medidas:

- Aconsejarlo sobre las expectativas de comportamiento
- Dar advertencias verbales y escritas sobre el comportamiento inapropiado
- Poner una alerta de comportamiento en su expediente
- Prohibir el ingreso de familiares o amigos conflictivos al establecimiento de salud
- Suspender las visitas a Parkland por 24 horas o más
- · Llamar a la policía
- Presentar cargos criminales

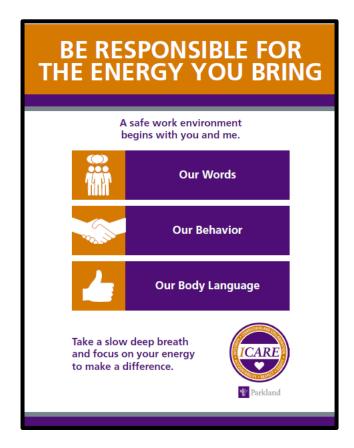
If you behave aggressively in this facility, you may be removed from the facility and may face prosecution.

Our hospital administration supports staff in pressing charges for aggressive behavior they encounter while caring for patients.

Si se comporta de manera agresiva en este instalación, es posible que lo retiren de este lugar y que lo enjuicien.

La administración de nuestro hospital apoya al personal en la presentación de cargos por comportamiento agresivo que enfrentan mientras atienden a los pacientes.





Patient and Visitors Pacientes y Visitas

This facility is a healing environment where everyone is expected to treat others with kindness and respect. Abusive, aggressive, or violent behavior is not permitted and may result in legal action, discharge from care, or other restrictions.

Este lugar es un ambiente sanador donde se espera que todos traten a los demás con amabilidad y respeto. El comportamiento abusivo, agresivo o violento no está permitido y puede resultar en acción legal, darle de alta de cuidados u otras restricciones.

Examples of prohibited behaviors are:

- Physical violence or aggression
- Harassment or bullying
- Verbal abuse or threats
- Sexual language or behavior

Eiemplos de comportamientos prohibidos son:

- ·Violencia o agresión física
- Acoso o intimidación
- Abuso verbal o amenazas
- Lenguaje o comportamiento sexual



Any person who is aggressive and/or has violent behaviors will be removed from the facility. Additionally, the workforce members can take legal actions to include filing criminal charges.

Toda persona que sea agresiva y/o tenga comportamientos violentos será retirada de este lugar. Además, los miembros de la fuerza de trabajo pueden tomar acciones legales e incluir la presentación de cargos penales.





STAMP© Assessments in the Emergency Department

S: Staring

T: Tone

A: Anxiety

M: Mumbling

P: Pacing

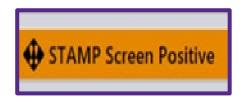








Management of Patient Behaviors: Early Identification & Alert Notifications

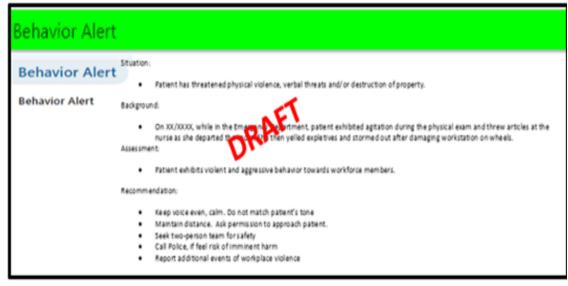




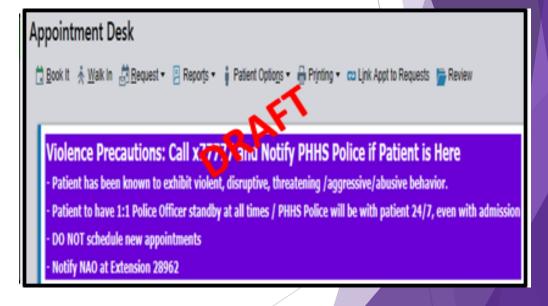


Universal Precautions

Patients with known trended aggressive behaviors and meet specific criteria, have a add a Behavioral Advisory Safety Alert (BASP) added to the electronic medical record in SBAR format.



Electronic Medical Record

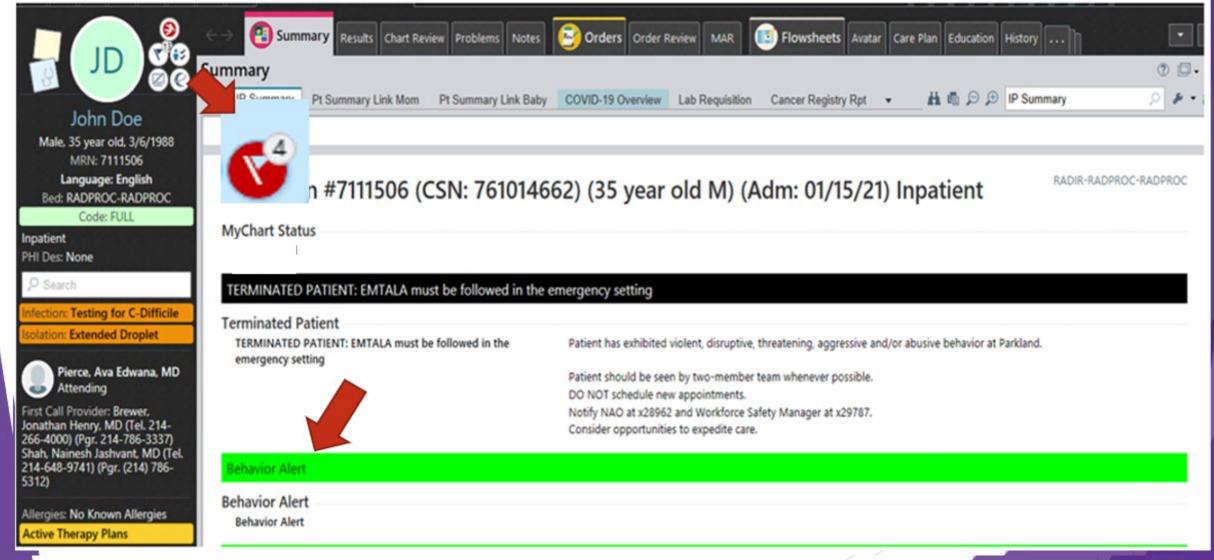


Ambulatory Scheduling Notification



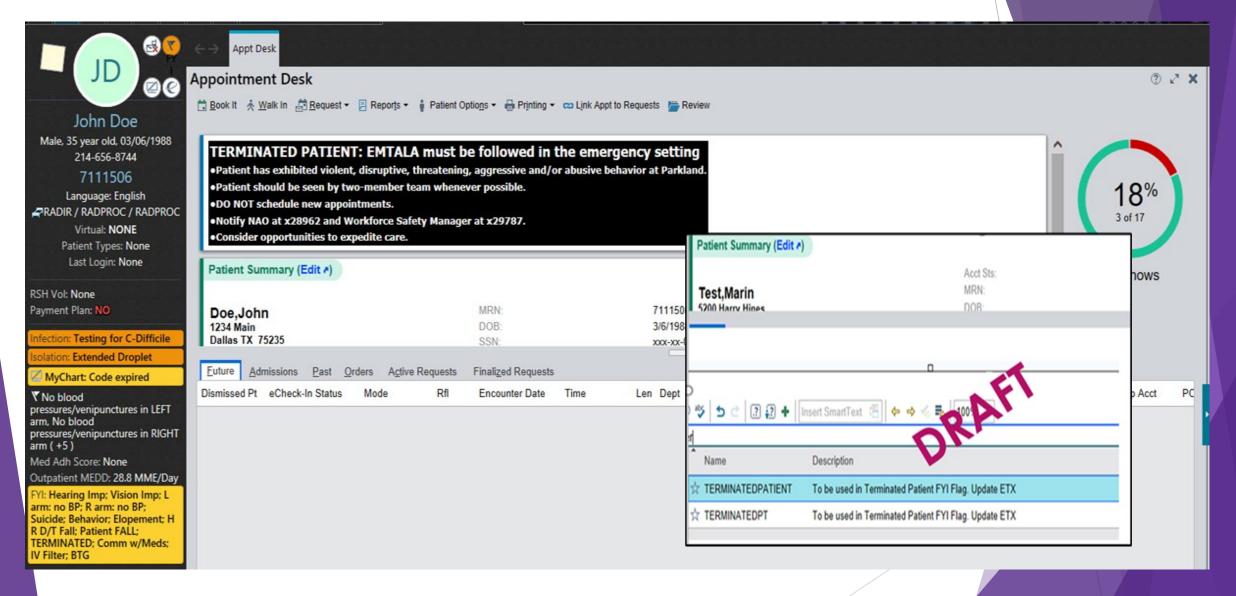
Behavior Warning Flag

Behavior Alert





Administrative Discharge/Termination Alerts





Parkland WPV Work Products Benefiting Others



Advanced Practice Provider Workplace Wellness Toolkit



Protecting Health Care Workers: Creating Policy for Patient Behavior

↑ / News / Voice of Nursing Leadersh

PUBLISHED NOV.1, 2024

Parkiand Health Care's mission, vision and values focus reported a widespread increase in aggressive behaviors including those who are homeless, and many with co-exnearly a quarter million patients annually for the past the has lied our leaders to pivot from a longstanding philoso identified as mother significant vulnerable population with

FIGURE 1: Parkland Health Care

- Our Mission: Advance wellness, relieve s develop, and educate.
- Our Vision: Advancing health equity throu as a public health system.
- Our Values: (ICARE) Integrity, Compassion Collaboration, Accountability, Respect, at

In 2022, amid the COVID-19 pandemic, Parkland embaseveral states to enact legislation, Texas Senate Bill (SE

TEXAS WORKPLACE VIOLENCE LEGISLATION

FIGURE 2- Safety Sign

Development of one systemwide standard for management of behavioral alert flags (Figure 3) placed in the EM
alerts assigned to patients undergo an annual review to determine the flag's status: remain or discontinue.

TERMINATED PATIENT: EMTALA must be followed in the emergency setting TERMINATED PATIENT: EMTALA must be followed in the emergency setting TERMINATED PATIENT: EMTALA must be followed in the emergency setting Patient has enhibited violent, disruptive, threatening, aggressive and/or Patient should be seen by two-member team whenever possible. DO NOT schedule new appointments. NORT NASO at 1,2028-2 and vioriforties Safety Manager at 1,20787.

As social norms shifted during and after the COVID-19 from patients and visitors entering the health system an

reviewed updated policies and procedures focused on addressing workplace violence. The focus groups consisted of workforce members from acute care, it offices and correctional health, representing all levels of various roles. Members provided explicit examples of what they endured while also endersing supp group participants collaborated on policy revisions and provided commentary for new policy development. Members' comments helped with the development fellow workers and supported the implementation of these processes throughout the health care system.

MANAGEMENT OF PATIENT BEHAVIORS

The outcomes of the collaborative efforts included one systemwide workplace violence policy evolving from disparate localized policies and processes. This stituting behavior alerts benefitting the acute care and ambulatory settings. Processes were built to focus on the inclividual's inappropriate behaviors in a expectations for mutual research in the collaborative patient-benefic relationship. Additional processions and existing solicities.

Screening for violence propensity — Screening patients for staring, tone, anxiety, mumbling and pacing (STAMP), (Luck et al., 2007) in the ED setting. A patient with a positive STAMP screen is highlighted with a flag and orange banner in the electronic medical record (EMR) and a visual agnostic Safety Sign (Figure 2) is placed outside the patient room to proactively alert workforce members the patient may have propensity for aggression. This is a valuable tool for all workforce members but more specifically for the approximate 50%.



1
2
v. <u>6</u>
11
12

Preventing Workplace Violence in Health Care

Proceedings from AONL Foundation's 2024 Leadership Symposium

December 12, 2024

Questions?



Thank you!

