LLARC
Lifelong Learning at Regis College

FALL 2016

ENROLL EARLY!
CLASSES BEGIN September 19, 2016
Lifelong Learning at Regis College (LLARC) is a membership organization which offers daytime programs created by older adults who strive to learn. LLARC involves no tests, term papers or credits, nor any previous college experience. It is a chance to continue to earn purely for the fun of it and to meet new people of varied backgrounds and interests. Our common denominator is eagerness to expand our minds in a relaxed and sociable atmosphere.

We began our program in the spring of 2005 with six courses. We are now entering our 23rd session with 34 courses. We continue to offer our Lunch Lecture series on Tuesdays, added Friday Field Trips and an energized social calendar.

Thanks are due to the volunteer leaders who provide a wide variety of study groups in a number of different disciplines, whose knowledge and leadership skills show up in every class. Thanks also go to the volunteers who make this program work. They form committees, recruit members, and study group leaders, and are enthusiastic about continuing in all sorts of ways. People are enjoying this program and it is making a significant difference in the lives of many. We use the community space in the Fine Arts Center to provide a sense of community among members, as well as providing a space for lunch or coffee between classes.

As our sponsor, Regis gives us access to facilities, staff guidance and support services. It is up to the members to make the program function smoothly and well. In this, we are assisted by Regis staff that arrange for classrooms and equipment and have instituted an orderly registration process. The strength of the LLARC program is evidenced by the growing, expanding and widening horizons through learning. We are excited to have you join us!

Jill Rosen, Program Director

**NOTES ABOUT LLARC**

- Most study groups meet for 10 weeks, mini-courses meet for five to seven weeks. Please note the specific meeting dates given for each course.
- Locations of classes will be announced shortly before classes begin.
- Study groups are typically “led” rather than “taught” — all by volunteers.
- Most use a seminar format, emphasizing discussion, usually with preparatory reading. There are variables, however, such as the amount and nature of weekly preparation, the opportunity or expectation for class members to give presentations and the extent to which material is presented by the leader. Please read descriptions carefully for these details. Also note costs for materials provided (other than texts, which students should buy independently).

**FALL LUNCH, LISTEN AND LEARN**

**Fine Arts Center Atrium ▶ Tuesdays ▶ 11:00am - 12:45pm**

*Speakers will begin promptly at 11:30am*

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<td>Dr. Robert Partridge, “From Paganini to Penguins: An Emergency Medicine Doctor’s Travels with the BSO and Beyond”</td>
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**JOIN US**

**THERE ARE TWO LEVELS OF PARTICIPATION IN LLARC**

- Membership — Enjoy the benefits listed below (Cost: $75/year)
- Semester Enrollment — Take one or more courses in addition to enjoying all the basic benefits of membership (Cost: $175 semester tuition in addition to the prerequisite annual membership fee)

**BENEFITS OF LLARC MEMBERSHIP**

- Annual membership includes:
  - Eligibility to enroll in LLARC courses (tuition additional — see details on page 20)
  - Admission to Lunch, Listen and Learn series (see page 2)
  - Access the Regis Library
  - Discount at Casey Theatre, Regis Fine Arts Center (many events only $5)
  - Athletic Facility Discount: 10% off individual membership and 20% off family membership. Call the Athletic Facility Desk at 781.768.7141 for pool hours and other details.
  - Invitations to special events and social functions.

**HOW TO CONTACT LLARC**

**EMAIL LLARC@regiscollege.edu ▶ PHONE 781.768.7135**

**WEBSITE www.regiscollege.edu/LLARC**
### #2401 Creative Writing Workshop

In this writing group, the creative talents of the participants will be encouraged by their peers. Members are invited to write in any genre: memoir, poetry, fiction, non-fiction, essay, humor or play. Handouts will be provided to stimulate writing. Participants are given time to share their writings with classmates if they choose. Sometimes in talking about someone else’s writing, we are able to clarify our own thoughts and abilities; and this group is wonderfully encouraging, supportive and safe.

**Leader:** Virginia Slep holds a BA and an MA in English, and taught high school English for 35 years before her retirement. She has been teaching this writing class at LLARC since 2008. She writes a regular column for the North Reading Transcript. Virginia has a PhD in Clinical Hypnosis, and has a private practice in Wayland.

**Class Meetings:** Ten Mondays; September 19 – December 12; No classes on October 3 (Rosh Hashanah) or October 10 (Columbus Day) or during the week of Thanksgiving; 9:15 - 10:45am

### #2402 Benjamin Franklin

Benjamin Franklin was one of the Founding Fathers of the United States. A renowned polymath, Franklin was a leading author, printer, political theorist, politician, freemason, postmaster, scientist, inventor, civic activist, statesman, and diplomat. He was the first American both in stature and politically. He was one of the drafters of the Constitution. He loved women and women loved him. He was truly a renaissance man. The course will explore the life and times of this most remarkable man.

Class preparation would be one to two hours. The class format will be discussion enhanced by PowerPoint presentations and relevant media. No reports will be required.

Assigned readings will shine a bright light upon the culture, politics, and the people of this momentous time. No reports will be required. One to two hours of readings for each class.

**Reading:** *The First American*, by H.W. Brands, (Random House, 2000), Pbk. $18.00

**Leader:** Bernie Shuster earned a BA in history and a LLD at Boston University School of Law. He practiced law for several years as a partner in a Boston firm and then founded and served as COO of a financial services firm. He has led several courses at LLARC and HILR.

**Class Meetings:** Ten Mondays; September 19 - December 12; No classes on October 3 (Rosh Hashanah) or October 10 (Columbus Day) or during the week of Thanksgiving; 9:15 - 10:45am

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*Mini-Course — please note dates.*

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### #2403 Short Books, Great Reading

Enough already with long books. Jump in, jump out in this course of short books, both fiction and non-fiction, which foster longer discussions. No prizes for fast reading but rewards for best nibbles. We shall start at the top of the list and hope to complete one book per class, but smart money always stays one session ahead. Stories include: *A Room of One’s Own*, Virginia Woolf; *So Long a Letter*, Mariama Ba; *Persepolis*, Marjane Satrapi; *Memories of My Melancholy Whores*, Gabriel Garcia Marquez; *Sula*, Toni Morrison; *A Time to Keep Silence*, Patrick Fermor; *Ex Libris*, Anne Fadiman; *Old Man and the Sea*, Ernest Hemingway.

Please read *A Room of One’s Own* for the first class.

**Leader:** Brooks Goddard is a retired English teacher from Wellesley High School and has taught courses at LLARC, Needham Adult Ed, and North Hill for many years. He loves long fiction, too, and is awaiting the publication of *A Suitable Girl* some time in 2017.

**Class Meetings:** Ten Mondays; September 19 - December 12; No classes on October 3 (Rosh Hashanah) or October 10 (Columbus Day) or during the week of Thanksgiving; 9:15 - 10:45am

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### #2404 Opera for Everyone!

This course will concentrate on voice classifications in opera and be followed by an introduction to Giuseppe Verdi’s *Nabucco*, before the opera is transmitted live in HD from the Metropolitan Opera stage to select movie theaters on Jan. 7, 2017. *Great Operatic Divas*. Enjoy an audiovisual potpourri of female opera singers in each voice category. Take a vocal ride down the scale from the high coloratura soprano to the low alto range. **What makes a great Tenor?** Learn how the tenor voice first came into being. Get to know the famous champions of the high C! **Let’s bring on the Baritones!** How does this most common male voice survive in a tenor’s world? We finally land in the basement of the singing structure — **The Bass-Baritone and Bass.**

All voice categories will be illustrated with audiovisual excerpts of great singers of the past and present. And lastly, an introduction of Giuseppe Verdi’s opera *Nabucco*.

**Leader:** Erika Reitshamer, born and educated in Germany, is a life-long opera lover and engaging teacher, whose knowledge and love of opera will inspire all. Her open style and sense of humor are irresistible. This is her 6th semester of teaching for LLARC.

**Class Meetings:** Five Mondays; November 7 - December 12; No classes during the week of Thanksgiving; 11:00am - 12:30pm*
#2405 Topics in Science
Science is an important tool of society. We humans are faced with potentially world-changing decisions resulting from advances in science and technology. We’ll tackle a different topic every week and try to shed light on issues of science and technology important to our understanding of the modern world. Join us as we discuss the most up-to-date science in a clear, concise manner that is both thought-provoking and fun.

Leader: Frank Villa has a lifelong interest in the natural sciences. He is a natural teacher who finds great joy in explaining complex principles and processes and bringing the latest quests and discoveries of science to a general audience. He has developed curricula and taught courses in many settings on topics as diverse as the formation of the universe, alternative energy sources and human genetics.

Class Meetings: Ten Mondays; September 19 - December 12; No classes on October 3 (Rosh Hashanah) or October 10 (Columbus Day) or during the week of Thanksgiving; 11:00am - 12:30pm

#2406 Macbeth
Join me in studying Shakespeare’s “Scottish Play,” whose name dare not be uttered in a theater when under production. Harold Bloom named it “Shakespeare’s great love story,” mocking the trivial “romance” between Romeo and Juliet as a brief — brief, indeed — adolescent infatuation. Of course, questions of fealty and morality abound and deserve our occasional reconsideration. Whether you have read and seen the play many times, or wish finally to read it, all are welcome. We shall watch several presentations of the play as we study its lines.

Leader: Diane Proctor has been a writer and a teacher of both literature and writing throughout her professional life. She has taught at Milton Academy, the Hotchkiss School, and the Middlesex School. Critiquing essays, writing college recommendations, and summarizing interviews during the admissions process are a few of the ways in which she has honed her craft. Her intellectual focus and success have rested on her writing.

Class Meetings: Ten Mondays; September 19 - December 12; No classes on October 3 (Rosh Hashanah) or October 10 (Columbus Day) or during the week of Thanksgiving; 11:00am - 12:30pm

#2407 Ernest Hemingway: The Lost Generation and the Old Man
Publication in 1926 of The Sun Also Rises, Hemingway’s first novel, set his career as a noted writer. Twenty-four years later, Hemingway wrote his last novel, The Old Man and the Sea. A full generation, a lifetime of experience, separated the two works. We will read both novels and consider the trajectory of his career and life-forming experiences from the twenties to the mid-fifties when he received the Nobel Prize in Literature.

Leader: Marillyn Zacharis is a graduate of DePauw University and holds a master’s degree in English from Indiana University. She has taught high school and was manager of a choral organization for many years. Marillyn has led several courses in literature for LLARC.

Class Meetings: Six Mondays; October 31 – December 12; No classes during the week of Thanksgiving; 1:00 - 2:30pm*

#2408 Hablemos Español!!!
Spanish is fast becoming a second language in the U.S. This small, informal class is designed to enhance speaking skills and improve grammar. It will be conducted at an intermediate rather than beginner level. We also read literature, preferably short stories, and discuss their contents. Therefore it will be necessary to buy some books. In addition, a Spanish-English dictionary will be very helpful.

Leader: Aida Dudelson was born and grew up in Montevideo, Uruguay. She received a BA in liberal arts at the University of Montevideo. Shortly after moving to the United States with her family, she worked in the foreign department of a Boston bank. She then volunteered at New England Medical Center, translating for Spanish-speaking patients. She has taught at Wellesley High School as a short- and long-term substitute and has tutored privately for the past 26 years.

Class Meetings: Ten Mondays; September 19 – December 12; No classes on October 3 (Rosh Hashanah) or October 10 (Columbus Day) or during the week of Thanksgiving; 1:00 - 2:30pm
#2409 America’s First Presidential Campaign: The Election of 1800

In 1800, John Adams, a Federalist, stood for re-election as president against his sitting vice president, Thomas Jefferson, a Republican. These two American giants, together with Alexander Hamilton and Aaron Burr, are the principal characters in a fascinating election story with many similarities to 2016. The House of Representatives ultimately chose the president. As we go through the hard-fought primaries and leading up to our own general election on November 8, we will discuss this tight battle and how American elections have changed over the past 200 years. We will restrict dirty tricks to the historical variety!

**Reading:** A Magnificent Catastrophe: The Tumultuous Election of 1800, America’s First Presidential Campaign, by Edward Larson (Pulitzer Prize-winning author of Summer for the Gods)

**Leader:** John Duff, a graduate of Notre Dame, Harvard Law and BU Law, has led LLARC courses on history, politics, and finance. His voter registration is “unenrolled.” His siblings are Democrats and Republicans; his friends...

**Class Meetings:** Eight Tuesdays; September 20 – November 8; 9:15 - 10:45am*

#2410 The Story Behind the Mexican War

The Mexican War provided Americans with the ability to use the phrase “From sea to shining sea” but at what cost? While we won’t be studying the battles of the war we will be delving into Mexican History. What was this country to the south and why is it so different from the USA? What role did Polk play in the war? How does a country that had just received its independence from Spain a mere 25 years earlier react when their neighbors to the North begin an invasion of their territory? Utilizing a DVD and PowerPoint programs, these questions and more will be answered as we work our way through the history of the War. Access to a computer to receive emails and view YouTube videos will be necessary for successful completion of the course.

**Reading:** A Glorious Defeat: Mexico and Its War with the United States by Timothy J. Henderson, 2007, Hill and Wang

**Leader:** Mary Egan is an experienced study group leader who has offered previous courses dealing with the First Ladies: from Martha Washington through Bess Truman. A retired principal with 34 years of experience on the elementary and secondary level, she has nurtured a lifelong interest in history and enjoys cultivating and sharing her knowledge. Her last search for knowledge led her to the Mexican War and she is eager to share what she has learned.

**Class Meetings:** Ten Tuesdays; September 20 - November 29; 9:15 - 10:45am* (Please note the early start time)

* Mini-Course – please note dates.

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**TUESDAY 1:00PM**

#2411 Political Movements Between the World Wars

This class will explore the Political Movements called the “ism’s” between the World Wars. Among the more important “ism’s” for this period are: regulated Capitalism, Totalitarianism, Despotism, Extreme Nationalism, Fascism, Militarism, Communism, Nazism, and Isolationism. We will discuss the rise of some of these “ism’s”, practiced before and after WWI, and how these “ism’s” later led to WWII. Reviewing these “isms” will help us look at how world leaders shaped the period between the World Wars. We will look at how various conferences, pacts, alliances and agreements paved the way for WWII through their lenses.

**Leader:** Jack Miller is a retired engineer with teaching experience in Engineering, Mathematics, Business, and LLARC history classes. Jack’s lifelong interest in world history focuses this class on the political movements called the “ism’s” to discuss how these ism’s shaped world history between the World Wars.

**Class Meetings:** Five Tuesdays; October 25 - November 29; No classes during the week of Thanksgiving; 9:15 - 10:45am*

#2412 Thomas Jefferson: A Sphinx or one of our greatest Presidents?

Was Jefferson a mysterious, inscrutable person given to enigmatic questions and answers or was he one of if not the greatest American president? His name is synonymous with The Declaration of Independence, Revolutionary War, Louisiana Purchase, Barbary Pirates War, French Revolution, Religious Freedom Act, U. of Virginia, free public education, Lewis and Clark. He was a lawyer, ambassador, author, architect, governor, vice president, lover of Sally Heming’s? The first hour of the course will be spent discussing his incredible life and accomplishments and the second hour will review some of the fascinating events that occurred during his era and his involvement in them. The course will involve a text, DVD’s and possibly handouts.

**Leader:** Bill Brady has a BS from Boston College, a MSPH from the University of Massachusetts and a DDS from the University of Maryland. He has been a member of BCLIR and LLARC for the past 16 years. He has been a SGL at LLARC for the past six years.

**Class Meetings:** Ten Tuesdays; September 20 - November 29; No classes during the week of Thanksgiving; 1:00 - 3:00pm
**#2413 Old Age Ain’t for Wimps**

What’s old? What’s a long life? Getting older is a choice. You can easily make up your mind—and tell your body—to remain at age 50 the rest of your life as you can accept the physical and mental declines associated with passage into your 70’s, 80’s, 90’s. Agree or disagree? We will explore what you need to do and need to know to live stronger, longer and healthier at any age. If you’ve got the right attitude, the choices you make will be the right ones. We will discuss the physical changes, challenge your brain, challenge your attitude, and much more. 

To participate, you must be breathing. We will read, contribute articles, laugh, listen and learn.

**Leader: Myrna Saltman** graduated from UMass-Amherst and received her Eldercare Certificate from Lasell College. She has led many COA and senior center programs. She is an exerciser and tap dancer, veteran student at LLARC, bridge player, avid sports fan, and grandmother of seven.

**Class Meetings:** Seven Tuesdays; September 20 – November 1; 1:00 – 2:30pm

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**#2414 Play Reading**

Enter the exciting world of Drama! We will explore/dissect some of the greatest plays ever written. From Aristophanes to Albee come feel the emotions of fear, anger, revenge, hope and love. This six week course will focus on three plays. Beginning with Shakespeare’s’ *Taming of the Shrew*, followed by a Roman play and a modern play to be announced before the first session.

**Leader: John Archer** is a trained singer, actor, musician and veteran of straight and musical theater productions for many different companies in New England. John runs a business in Beverly and is an active civic leader and philanthropist for several arts organizations. He has led play reading courses at North Shore community venues and study groups for LLARC since 2005.

**Class Meetings:** Six Tuesdays; September 20 – October 25; 1:00 - 2:30pm

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**#2415 Our Home, Our Planet**

This course is about the history of our planet from the formation of the solar system to the present. Topics will include the oceans, the Earth atmosphere, the evolution of the biosphere and the tree of life. We will study the impact of civilization and technology on the environment. Are we unique in the universe? We will examine the tools used to discover other planets in our galaxy and the possibility of discovering microbial life in the near future, possible futures for our planet, and solutions to create a better world for our children. Each session will consist of the presentation of the topic by the SGL followed by discussion. Attendees are required to view each week’s assignments using the course website before coming to the class. Most of the materials are multimedia from NASA, PBS Nature and Nova sources, and are included in the class website.

**Leader: Fara Faramarzpour** is interested in the history of science and our cultural heritage. His educational background includes physics and astrophysics. He enjoys reading books about nature, philosophy, and natural science.

**Class Meetings:** Ten Wednesdays; September 21 – December 7; No class on October 12 (Yom Kippur) or during the week of Thanksgiving; 9:15 – 10:45am

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**#2416 Creative Lives**

Mary Shelley, author of *Frankenstein*, and her mother, Mary Wollstonecraft, author of *A Vindication of the Rights of Women*, led extraordinary lives. They were creators, not only through their writing, but through the ways they chose to live, breaking through the restraints on the women of their times to pursue love and art. Their lives spanned a tumultuous period in European history, and included Mary Wollstonecraft’s years in Paris during the French Revolution, and her daughter’s involvement with the leaders of the Romantic Movement. As proto-feminists, they strove for financial and social independence, while disdaining the legal limitations of marriage, yet they both also formed attachments to men which threatened to overwhelm them. We will read a dual biography of this mother and daughter, while also learning about, and reading work by, the fascinating people they interacted with.

**Leaders:** Diane Burkhardt and Ann Berman are retired teachers who enjoy reading and researching. They plan to drink too much coffee and eat too many muffins while developing this course.

**Class Meetings:** Ten Wednesdays; September 21 – December 7; No class on October 12 (Yom Kippur) or during the week of Thanksgiving; 9:15 - 10:45am
#2417 Behavioral Economics

Behavioral Economics, along with the sub-field Behavioral Finance, studies the effect of psychological factors on decision-making. Economists often assume that individuals will act fully rationally in evaluating probable outcomes. In fact, emotional factors can affect many of our choices. An understanding of such behavior is helpful in examining personal decisions and those affecting financial markets. We will review many examples as described in books, academic papers, news articles and our own observations. We will also watch videos of talks by leading scholars. Participants will need access to a computer and the Internet for about two hours a week in preparation.

**Leader:** Glenn Strehle has led three earlier courses: “Online Learning for Mature Learners”, “Meet Ten Nobel Laureates in Economics” and “Managing Stock Market Risk.” He was Treasurer of MIT for 23 years and continues to serve on public and institutional investment committees.

**Class Meetings:** Five Wednesdays; September 21 – October 26; No class on October 12 (Yom Kippur); 9:15 – 10:45am

**WEDNESDAY 11:00 AM**

#2418 Hamlet

More than four hundred years after it was written, *Hamlet* remains Shakespeare’s most popular and most puzzling tragedy. The story of a prince who is contemplating revenge for his father’s murder, while being revolted by the murderer’s hasty marriage with Hamlet’s mother, raises questions about family ties, duty, madness, misogyny, surveillance, and international relations. Quite a mix! We will review the outline of the plot, investigate key scenes, and dive more deeply into specific speeches. We also will look at how critical opinion on the play has evolved, and how what was going on in Shakespeare’s life when the play was written may have shaped the content.

**Leader:** Ann Berman is a former special education teacher who, while still working part-time, is happy to be able to spend more time reading, seeing, and teaching about Shakespeare’s works.

**Class Meetings:** Five Wednesdays; September 21 – October 26; No class on October 12 (Yom Kippur); 11:00 – 12:30pm

#2419 Japanese Internment in WWII America

**Executive Order 9066** led to the evacuation and internment of 10 - 120 thousand Japanese aliens and Japanese-Americans. Most of us know about this, but don’t really know the whole story. Our study group will dig deep into the details, from the first offers to the ultimate closings of the camps and the apologies and reparations that followed later. We’ll study the camps’ locations and administrations, as well as the controversy surrounding the decisions creating and continuing the internment program. We’ll also look at daily life, disagreements amongst internees (particularly about the Prisoner Exchange Program) and more. Every possible aspect will be covered, including arguments defending the program.

$15 materials fee for handouts, which comprise most of the course reading. No written assignments; all presentations are voluntary. Our emphasis is on discussion based on research aided by handouts, internet sites, films and books (including memoirs and dramatizations).

**Leader:** Mary Nowak has a BA and MA in American History from Boston University. She taught American History and U.S. and World Geography in Brookline. She has led several study groups for LLARC on two of her favorite subjects: women’s history, and the Civil War.

**Class Meetings:** Ten Wednesdays; September 21 – December 7; No class on October 12 (Yom Kippur) or the week of Thanksgiving; 11:00 - 12:30pm

#2420 A Poet’s Kabbalah

Kabbalah is known as “received knowledge”, a mystical tradition which states that the entire creation arose from the letters, as in sacred alphabets, “spokes” from a wheel. We will examine this from a poet’s perspective, discussing the spiritual writings of poets and authors from a wide range of traditions. It could be argued that all knowledge is “received” and that we all draw from a deep fountain, as in commentaries from The Book of Splendor, a spiritual manuscript. Ruth will endeavor to teach Kabbalah, as she sees it, as Living Waters, and demonstrate with discussion and interactive lecture, how we are all, irrespective of religious background, part of this, a true, cosmic dance that has Love as its center.

**Leader:** Ruth Housman, poet and writer, is a speech therapist and psychiatric social worker by profession. She is passionate about the stories we tell. There is a growing perception that we’re all connected to each other more than we ever thought possible. For several years Ruth was involved in a nonprofit, One Stage Productions, whose goal was to promote self-esteem in children by fostering their creativity through drama. Ruth has taught several courses at LLARC including art, music, favorite novels.

**Class Meetings:** Seven Wednesdays; September 21 - November 9; No class on October 12 (Yom Kippur); 11:00 – 12:30pm

*Mini-Course – please note dates.*
#2421 History of South Africa: A Rainbow Nation

The course will provide a detailed history and review of current events with a balance of “Eurocentric” and “Afrocentric” viewpoints. The syllabus will cover the first South Africans, European colonization, wars, diamonds, gold, segregation, Apartheid, Political and economic crises. We will discuss the transition and the reality of the New South Africa.

Weekly reading time will be 2 - 3 hours. Selected presentations are voluntary but encouraged. Class members will be given an opportunity to participate in interactive group discussion. Videos will also be shown. Cost for the book and handouts will be $25.00.

Leader: Michael Berger has always had an interest in global current affairs and history. After medical school and internship, he left South Africa for London, England. For the past 35 years, he was an obstetrician-gynecologist at a Harvard teaching hospital. Interests included travel, membership of the World Affairs Council, and a Cape Cod enthusiast. Since 2000, he has studied and taught at the Brandeis Osher Lifelong Learning Institute.

Class Meetings: Ten Wednesdays; September 21 - December 7; No class on October 12 (Yom Kippur) or during the week of Thanksgiving; 11:00 - 12:30pm

#2422 Reading Between the Lines: Image and Imagination in the Modern Short Story

“The Modern Short Story does not necessarily tell about events...rather, it presents experience in it’s most immediate, sensuous, concrete and graphic form. Its purpose is not to entertain or excite...but to show what life is like...at once objective and subjective, social and personal, general and particular...it gives the illusion of immediate experience. It gives us a double vision...yet allows us some perspective in order to understand its meaning.” These words from Frank O’Connor will inform our discussions of five modern short stories. We shall read and analyze one story per week: “The Chosen Husband” by Mavis Gallant; “Children are Bored on Sunday” by Jean Stafford; “The Hunter” by E.L. Doctorow; “In the Garden” by Leon Rooker; “Communist” by Richard Ford. Our method of study is “close reading” of the text and our format is seminar style discussion. Volunteers may be asked to provide brief bios of the authors. Please read each story twice and bring the text, along with your ideas, to class.

Reading: All stories appear in the anthology, The Art of the Tale, edited by Daniel Halpern, available in bookstores and online. Please bring the text along with your ideas to class.

Leader: Bette Lehman, a teacher and professional seminar leader, has been lecturing, designing courses and leading book discussion groups in the Greater Boston area for more than 25 years. She has taught at the Cambridge Center for Adult Education for 10 years. In the 1990’s she founded Reading Between the Lines, an independent organization which created study groups devoted to reading and discussing classic and contemporary fiction. Through her direction of highly interactive seminars, Bette encourages participants to learn from the text, from literary theory and from class discussion. Bette holds both BA and MA degrees in English Literature.

Class Meetings: Five Wednesdays; November 2 - December 7; No class during the week of Thanksgiving; 1:00 - 2:30pm*

#2423 Clint Eastwood; His Life in Film

“Clint Eastwood has achieved an iconic status unmatched in the history of cinema. For more than six decades, he has been making outstanding films, first as a leading actor and subsequently as an intelligent and questioning director”, Richard Schickel, movie critic and author. “Always unwilling to talk about his films as anything but entertainment and less unwilling to talk about his private life in anything but a certain set of rote answers to the press the clues to who he is and what he does are nevertheless found not only in the content of the movies he makes but also within the context of the life he has led. He is an American artist whose films are at once great entertainments and cautionary tales, and as all great movies are, both windows and mirrors. They offer glimpses into his private contemplations even as they reflect universal truths to audiences everywhere”, Marc Eliot, author on film topics.

Often Clint Eastwood’s screen, as well as his real life persona, has engendered condemnation from film critics and political commentators. When confronted with this criticism he has responded, “...there’s a rebel lying deep in my soul. Any time anybody tells me that the trend is such and such...I go the opposite way.”

Within the context of these comments we will study the work and life of Clint Eastwood and determine the validity of what has been said and written about him. Through the readings assigned and viewing some of his most successful films there will be ample material that will give the class a foundation for these discussions.

Leader: Bob Palter’s academic work as well as his prior teaching activities convinced him that film, in addition to being a source of entertainment, is a great means of communication and an art form often expressing an actor’s or director’s political and cultural philosophy. Thus he researched the life and work of Clint Eastwood. It is expected that this course will bring to a debate whether Eastwood wanted to influence American cultural and political society or was his work merely his interpretation or reflection of that society.

Class Meetings: Ten Wednesdays; September 21 - December 7; No class on October 12 (Yom Kippur) or during the week of Thanksgiving; 1:00 - 4:00pm (Note the three-hour time block)
#2424 Horse Racing: An In-Depth Look at the Sport of Kings

Investing in race horses is a business not for the faint of heart. You will learn about the thrill of victory as well as the agony of defeat. We will examine the many ways an investor can enter the sport from buying a little baby to purchasing a so-called ready-made horse. We will discuss how to select a trainer, a jockey, and at what racing venue to run the horse. What level of competition is appropriate for a horse? That is the art of classifying the animal, probably the single most important variable of any aspect in the sport. We will also learn how to read and analyze the racing form paper as it is both relevant and an important part of the learning process. You will learn the intricate art of handicapping. We will use numerous videos and are hoping to possibly have a guest speaker or two come talk with the class. It should be great fun and most exciting.

Leader: Jeff Epstein graduated from Phillips Andover, McGill University and Columbia University Business School. He ran his family jewelry business for 35 years and taught American history for 18 years at another of his alma maters, the Fessenden School. Jeff has owned race horses for 50 years and managed prize fighters (including light heavyweight champion Charles Williams) for 15 years. According to Jeff, his own life has been one “of pain and glory, but one hell of a 73-year ride.”

Class Meetings: Five Wednesdays; November 2 – December 7; No class during the week of Thanksgiving; 1:00 – 2:30pm*

#2426 LLARC Glee Club Sings Broadway

This choral group includes all levels. Reading music is not necessary. Auditions only for soloists. Everyone is welcome. The five sessions begin with vocalizing. We will then learn a repertoire taken from the stages of the Broadway theatre.

According to an article titled “Group Singing, Well-being, and Health: A Systematic Mapping of Research Evidence,” published in the University of Melbourne Referenced E-Journal, October 2010, there are indications that singing can help to promote a sense of personal and social well-being, and that it may be effective in promoting physical health.

Leaders: The group is led by experienced musicians who are conservatory trained. The conductor is Barbara Brilliant and the accompanying pianist is Willa Trevens.

Class Meetings: Five Thursdays; September 22 – October 20; 9:15 – 10:45am*

#2427 Mysteries Part IV

This session of mysteries will include those set in Saudi Arabia, Iceland and with main characters of other cultures. We will read one non-fiction piece about mystery writer Anne Perry as well as one of her mysteries. For two weeks we will consider Grand Master writers Walter Mosley’s Devil in a Blue Dress and Margaret Miller’s Grandmaster winner Stranger in My Grave. The reading list is available before sessions start so everyone can get reading ahead!

Leader: Karen Mallozzi is an avid reader. She holds a BA from the University of Rhode Island (1981) and a Masters in religious studies concentrating in religion and the arts from Andover-Newton Theological School (2010). She constantly reads and is delighted to be doing another round of mysteries for LLARC as well as other topics and literary works. Karen is currently the Director of Parish Ministries at St Bridget Parish in Framingham.

Class Meetings: Ten Thursdays; September 22 – December 1; No classes during the week of Thanksgiving; 11:00am – 12:30pm

* Mini-Course — please note dates.
#2428 What Do You Think?

In this course we will look at the political, environmental and social issues that are the focus of today’s media. Videos of famous debates will enrich and enlighten our own persuasive technique. We will see the pros and cons of the chosen topics from differing perspectives, via a debate and class discussion. Every class member will have an opportunity to showcase his or her debating skill. The SGLs will provide relevant handouts in place of an assigned book. Come prepared for lively discussions in a friendly atmosphere.

**Leaders:** Carol Shedd has led many study groups at Regis, Brandeis and Harvard lifelong learning institutes. Richard Lucas has participated in Lifelong Learning programs for at least 15 years and has facilitated several courses at LLARC.

**Class Meetings:** Ten Thursdays; September 22 – December 1; No classes during the week of Thanksgiving; 11:00am – 12:30pm

#2429 Plays with Legal Themes

We will examine four short plays about law, and one old case, now often presented as a play. We will discuss the literary qualities of the plays as well as the social issues they raise—race, gender, class, and more. Volunteers may present excerpts from the plays in class. Also, we will watch video clips from the plays. We will begin with *Inherit the Wind*, the play based on the Scopes “monkey trial.” Then we will consider the 1670 London case that gave rise to the independent jury, *The Trial of William Penn*. We will follow with one of the best known plays about a jury, *Twelve Angry Men*. Closer to home, we will take up Maxwell Anderson’s verse drama, *Winterset*, based on the Sacco and Vanzetti trial in Dedham. We will finish with *Anatomy of a Murder*.

**Leader:** William McCormack has participated in several LLARC classes in recent years. He is a former partner of the law firm Bingham McCutchen, and former adjunct faculty at Boston College Law School. This is the second LLARC class he has led.

**Class Meetings:** Ten Thursdays; September 22 - December 1; No classes during the week of Thanksgiving; 11:00am – 12:30pm

#2430 The Great Themes of Great Art

Conflict. Love. Nature. Spirituality. Stories. The Body. We see these themes, and others, across centuries and styles of art. In this course, we’ll discover one theme each week as it’s revealed in painting, sculpture, photography, decorative arts and other art forms. We’ll compare how two artists, 500 years apart, depicted history’s most famous meal. How a beautiful body looks in the hands of a realist versus an abstract expressionist. How a great photographer and a great painter both transform buildings into visual feasts. And how the ravages of war can be depicted as powerfully with and without combatants. We’ll talk together, discover together and be surprised together. No art knowledge necessary.

**Leader:** Steve Kendall is the retired president of an advertising and public relations agency; the mentor of women and teens who are starting businesses; a trainer of art museum tour guides; and the leader of more than 400 tours at the deCordova Sculpture Park and Museum and the Danforth Museum. His tours are inquiry-based, eliciting the responses of visitors as they view art in more depth than ever before. This is his fourth LLARC course.

**Class Meetings:** Ten Thursdays; September 29 – December 8; No classes during the week of Thanksgiving; 1:00 – 2:45pm (Please note dates and end time)
#2431 My Life, My Stories

We humans have been telling stories about ourselves since our very early ancestors painted theirs on the walls and ceilings of caves, retelling the hunts of bison and other large animals. And although it’s a long distance from ochre dabbling to writing memoir, we’re still at it. We’ve never stopped explaining ourselves, our aspirations, our disappointments, whether in tribal tales, biblical allegories, fairy tales or classical mythology. So what are those stories we tell; what are they really about; how do they influence (or not) the way we’ve lived our lives.

Not entirely different from writing creative memoir, however, this class’s emphasis will be on the stories we tell ourselves about ourselves and the stories we tell others about ourselves. What are the theme-songs of our lives: what are their origins: do we live according to those self-beliefs, do they become self-fulfilling?

The structure of the class will remain, as usual, writing at home, reading in class and group critiquing.

Class size limited to ten.

Leader: Mimi Aarens has been facilitating creative memoir workshops for more than ten years, with groups at Boston College and Tufts University and Regis Lifelong Learning Centers. In addition, she has facilitated workshops at senior and local adult education centers and the Rowe Conference Center in western Massachusetts. In addition to her writing classes, Mimi works in mosaic art.

Class Meetings: Ten Thursdays; September 22 - December 1; No classes during the week of Thanksgiving; 1:00 - 2:30pm

#2432 Investment Strategies for Retirees During Uncertain Times

This class will cover topics such as stock market volatility and history; bond market risks and current interest rates; asset allocation & withdrawal strategies; as well as total return approach vs. portfolio income. The class will also touch on what has been learned from behavior finance.

Leader: Debra K. Brede has over 30 years of delivering investment management services to corporations, municipalities, retirement plan and charitable trusts, and high-net-worth individuals based on the principle that every recommendation made is dependent solely on a client’s individual needs. Debra is now a frequent media commentator on investment-related topics and is recognizable to tens of thousands of CNBC and Fox Business news viewers around the world. She’s also been featured in the Wall Street Journal, the New York Times, Businessweek, Financial Times, Reuters, Bloomberg, Forbes, and Kiplinger’s Personal Finance.

Class Meetings: Five Thursdays; September 22 - October 20; 1:00 - 2:30pm*

* Mini-Course — please note dates.
FALL 2016 CLASS SCHEDULE
Full-semester classes begin on September 19, 2016. All classes meet for 10 sessions, unless otherwise noted.

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* Denotes a mini course—please see course description for dates.