

# Serving the Dear Neighbor

2023 COMMUNITY  
SERVICE REPORT



REGIS

## MISSION STATEMENT

Rooted in the Catholic intellectual tradition and inspired by the social justice values of our founders, the Sisters of St. Joseph of Boston, Regis College is a welcoming and inclusive community. We are called to provide access to an academically rigorous education through innovative learning opportunities and collaborative engagement at all degree levels. We educate the whole person, preparing our students to pursue excellence, to become change agents in their own communities, and to serve and lead as advocates for a more just and compassionate global society.

Founded by the Sisters of St. Joseph in 1927, their values endure today:

- › Gracious hospitality
- › Love and service of the Dear Neighbor without distinction
- › Peaceful resolution of conflict
- › Care for all God's creation

The Dear Neighbor Community Service Report is produced by the Regis College Office of Marketing and Communications. For more information or questions regarding the report, please contact:

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## From the President

**A**s a member of the Regis community for nearly 40 years and president for 12, I have always been impressed by the university's enduring commitment to service. Founded nearly a century ago, Regis challenges, inspires, and supports students who are driven by passion, purpose, and a pursuit to positively impact the world. From spending spring break caring for children with disabilities in the Dominican Republic to cleaning up Highland Forest, our students make the world a better place by their active and willing engagement in service.

The harmonious relationship between Regis, Weston, and the Greater Boston area fosters a vibrant exchange of talents and skills that contribute to the prosperity of the entire region. We take great pride in being situated in an area that provides abundant opportunities for students, residents, and visitors alike. We also take pride in serving those in the greatest of need.

Guided by the principles of social justice established by our founders, the Sisters of St. Joseph of Boston, Regis fosters an open, inclusive and all-embracing community. We provide a holistic education that equips our students to strive for excellence, to become change agents in their own communities, and serve as leaders and advocates for a more equitable and compassionate global society. At Regis, we aim to embody the Sisters' values by assisting those who are underserved and contributing our time, resources, and talents to enhance our community's well-being.

Regis students engage in internships with local businesses, secure employment opportunities within the community, and generously volunteer their skills and time to benefit the MetroWest and Greater Boston areas. Our dedicated faculty and staff live here and contribute to the local economy, sharing their valuable expertise with the community. We highly value our numerous partnerships and consistently strive to find ways to further bolster support for the region, our Dear Neighbors throughout the region, and our partners educationally, economically, and socially.

Sincerely,

**ANTOINETTE HAYS, PHD, RN**  
*President, Regis College*

## REGIS BY THE NUMBERS

### INSTITUTIONAL FACTS

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1927

Regis College founded

3,200+

Undergraduate, graduate and doctoral students

100%

of undergraduate students participate in internship or clinical

97%

of students employed full-time or enrolled in graduate school within six months of graduation (five-year average)

1 of 5

colleges in Massachusetts to receive the 2022 Higher Education Excellence in Diversity Award

1,500+

Nurses graduated in the past 2 years

### SUPPORTING MASSACHUSETTS STUDENTS

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2,235

Number of students from Massachusetts

\$18,954,916

Amount of institutional aid to students from Massachusetts

### EMPLOYMENT

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\$22,617,308

Annual payroll for employees residing in Massachusetts

469

Number of faculty/staff living in Massachusetts

### VOLUNTEERISM

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100+

Strategic Partners





### Education Partners

Association of Sisters of Saint Joseph  
 Boston Public Schools  
 Canisius College  
 Canton Public Schools  
 Crossroads School  
 Everett Public Schools  
 Framingham Public Schools  
 The Gifford School  
 Horizons for Homeless Children  
 Lawrence Public Schools  
 Massachusetts Maritime Academy  
 Medfield Public Schools  
 Milestones Day School  
 Needham Public Schools  
 Olin College  
 One IOTA University  
 Perkins School for the Blind  
 St. Mary of the Assumption School  
 Stoneham Public Schools  
 Trocaire College  
 Wayland Public Schools  
 Wellesley Public Schools  
 Weston Public Schools

### Health Sciences Partners

ABACS  
 Arbour Counseling Services  
 Behavioral Health Network  
 Beth Israel Lahey  
 Boston Children's Hospital  
 Boston MedFlight  
 Boston Medical Center,  
 Boston Healthnet Locations  
 Boston Neurobehavioral Associates  
 Brewster Ambulance Service  
 Cambridge Health Alliance  
 Care Dimensions  
 Care New England  
 Celtic Angels  
 Covenant Health  
 Edinburg Center  
 Eliot Community Human Services  
 Emerson Hospital  
 Fenway Health  
 Foundation Lane  
 Good Shepherd Community Care  
 Harvard Pilgrim Health Care  
 Hebrew SeniorLife  
 Holy Family Hospital  
 Kadiant  
 Kaleidoscope Family Solutions  
 Lawrence General Hospital

LEARN Behavioral  
 Lowell General Hospital  
 Mass General Brigham  
 (formerly Partners HealthCare)  
 May Institute  
 Mass Coalition of Nurse Practitioners  
 Massachusetts Nurses Association  
 Melmark New England  
 Nashoba Learning Group  
 Nurse Practitioner Associates for  
 Continuing Education (NPACE)  
 New England Center for Children  
 New England Geriatrics  
 Nizhoni Health  
 Northeast Rehabilitation  
 Hospital Network  
 Novartis  
 Reliant Medical Group  
 Riverside Community Care  
 RiverWoods Exeter  
 Saint Anne's Hospital  
 SALMON Health and Retirement  
 Shields Health Care Group  
 South Shore Health  
 Spectrum Health Systems  
 Springtide Child Development  
 Steward Health Care System  
 Sturdy Memorial Hospital  
 Thundermist Health Center  
 Trumpet Behavioral Health  
 Tufts Medicine  
 UMass Memorial Health  
 Victory Family Services  
 Walden Behavioral Care  
 Watertown Health Center  
 WestBridge

### Non-Profit Partners

Alliance of Massachusetts YMCAs  
 City Year  
 Elwyn/Fellowship Health Resources  
 Federal Employees Program  
 Greater Lawrence Family  
 Health Center  
 Housing Families  
 Justice Resource Institute  
 McNair Scholars  
 Massachusetts MENTOR  
 Massachusetts Service Alliance-  
 Commonwealth Corps  
 Tides Foundation  
 Vinfen



# Regis Honors Founders with Day of Service Throughout Greater Boston and Nationwide

**E**ach September, over 800 Regis students, faculty, and staff participate in a day of service to recognize Founders' Day, which marks the anniversary of the arrival of the Sisters of St. Joseph in Boston in October 1873.

"I find Founders' Day meaningful because the whole day is dedicated to honoring the mission and core values that our school is founded upon. It's a day where we get to do what we do best as a community, which is serve others," said Sarah Juskiwicz '24. "Taking time to give back and volunteer fosters a positive relationship between the people at Regis and the community around us."

The campus community begins the day gathering on the campus quad where undergraduate and graduate students reflect on what Founders' Day means to them. During the most recent Founders' Day, Jalen Chappelle '24, Student Government Association Vice President and president for the African Student Association, addressed the Regis community.

"Today we recognize, celebrate, and pay homage to our founders, the Sisters of St. Joseph. Through acts of service, we recognize that we can make an everyday difference, just as our founders did and continue to do," said Chappelle.

In addition to service sites throughout greater Boston, members of Regis' online community volunteered in their local communities, broadening the outreach of the Regis mission.

## Environmental Sustainability and Clean Up

Dozens of students on the Men's Lacrosse and Track and Field teams volunteered at the Highland Forest in Weston by building a drainage swale on a wet section of the trail; relocating an existing trail; maintaining

water bars; and took part in an orientation on forest stewardship.

"For the past several years, we have partnered with Regis' Track and Field and Lacrosse Teams on Founders' Day to accomplish large-scale trail improvement projects at the Highland Town Forest, just behind the Regis campus. These projects have been significant—involving hard, physical labor and using a variety of hand tools—and have improved public access to these trails for the entire community. We have been impressed each year by the hard work, camaraderie, responsibility, and level of enjoyment that these student athletes have brought to these projects. Equally important, we are happy to be able to connect these students with the Highland Forest, which is an incredible open space resource just a step off the Regis campus," said Jordan McCarron, Town of Weston Conservation Administrator.

Students and employees assisted with general yard work and property clean-up at BINA Farm in Lexington.

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**LEFT:** At Spread the Bread in Wayland, Regis students prepared and packaged meals for individuals and families throughout Massachusetts living with critical and chronic illnesses.

**RIGHT:** (from top) At Highland Forest in Weston, Regis students built a drainage swale on a wet section of the trail. The student volunteers also relocated an existing trail, maintained water bars and took part in an orientation on forest stewardship.

Regis students gather on campus to write letters that were included in donation bags for the Open Table Food Pantry and delivery program.

At Bina Farms, a nonprofit in Lexington that supports environmental education and food donation programs, volunteers weeded, pruned, and prepared garden beds.



At Land's Sake, a nonprofit in Weston that supports environmental education and food donation programs, volunteers weeded, pruned, and prepared garden beds. At Mass Audubon's Drumlin Farm in Lincoln, volunteers worked on habitat restoration projects.

### Caregiving

Volunteers at Community Servings in Jamaica Plain helped prepare and package meals to individuals and families throughout Massachusetts living with critical and chronic illnesses. Other students gathered on campus to write letters to active military and Veterans, then added the letters to a donated book for Operation Paperback. More than 25 boxes with nearly 170 books were sent to servicemembers and veterans.

Volunteers also sorted donations and created donation bags for the Open Table food pantry and delivery program. At several Catholic Charities of Boston-run shelters throughout Greater Boston, Regis volunteers helped to organize and clean the facilities, while others distributed boxes of food at food pantries. For the Special Olympics, volunteers built boxes and filled them with items for partner organizations.

"Founders' Day gives us the opportunity to come together for the common cause of giving back to Regis and the surrounding community. I participated in the Blessing Blankets project because I believe that everyone has the right to feel safe, secure, and comfortable. It means a lot to me that I can help grant them a sense of happiness and comfort," said Katherine Trach '26.





# Addressing the Nationwide Nursing Shortage

**W**ith a critical shortage of nurses in New England and beyond, Regis is making meaningful contributions to address this threat to public health. Over the past two years, Regis successfully graduated 1,500 nurses, bolstering the skilled nursing workforce to answer the growing demand for nurses.

As an institution of higher learning with impressive outcomes for our undergraduate, graduate and doctoral nursing students, Regis is committed to addressing the ongoing healthcare workforce shortage across the country by forming future nurses through the exemplary programs at the nationally recognized Richard and Sheila Young School of Nursing, including innovative and convenient online master's and doctoral programs.

"As a former nurse, I recognize that the nursing shortage is a public health crisis that affects the health of each one of us and will continue to have an impact on our access to safe and quality health care until it is resolved," said Regis College President Antoinette Hays, PhD, RN. "Graduating more nurses to staff our hospitals, nursing homes, long-term health facilities, clinics and more is critical to addressing this public health crisis."

"Coming from the corporate world, I was eager to find a program that was both fast-paced and reputable. Regis allowed me to begin my new journey almost immediately and is providing me a comprehensive education to help quickly kickstart my career," said Gabriella Franchi '24, a student in Regis' 16-Month Accelerated BS in Nursing (ABSN) program designed for career changers, new graduates, and others seeking a practical path to nursing.

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**LEFT:** In the last two years, Regis has graduated more than 1,500 nurses, making significant contributions to addressing the national and regional nursing shortage. Regis offers nursing programs at the undergraduate, graduate and doctoral levels on-campus and online



**Regis received a federal grant in excess of \$800,000 from the Nurse Faculty Loan Program to help offset students' tuition costs for Doctor of Nursing Practice graduates**

"Thank you for your innovative work to advance the field of nursing and train the next generation of nurses. Your dedication and commitment to this crucial area of study are truly commendable, and this grant recognizes both your leadership in this field and the critical importance of your work. Increasing federal investments in scientific research and workforce development has been one of my top priorities in Congress, and I am delighted to see this funding going towards such groundbreaking work right here in Massachusetts' 5th District."

**REP. KATHERINE M. CLARK**  
*Massachusetts 5th District*

## Representative Peisch Visits Regis to Discuss how the University is Addressing the Nursing Shortage

In June, President Hays met with Representative Alice Peisch to discuss the contributions private colleges and universities such as Regis are making to address the nursing shortage and other workforce development issues. The campus visit was the catalyst for a meeting Rep. Peisch held at the State House for Massachusetts colleges and universities with nursing programs to discuss how the state can support institutions of higher education to graduate more nurses.



## A Commitment to Veterans and Military-Connected Students

**R**ecognized with gold status as a Military Friendly® School for 2023-2024, Regis is proud to provide an environment of success for military-connected students and their families. The Regis Center for Veteran and Military Family Services offers comprehensive support to help military-connected students to achieve their academic and professional goals. Regis participates in the Yellow Ribbon Program, which allows Veterans to receive funds from the Department of Veterans Affairs for their unmet tuition and fees. The university works closely with the Veterans Administration in securing GI Bill®, Veteran Readiness and Employment, Dependents' Educational Assistance, and other available supports for active-duty service members, Veterans, and their families. The center also hosts programming for the campus community centering on the Veteran experience.

Regis also offered free financial education programming to the military community, including Veterans, thanks to a 2023 Operation Money Wise grant from the Commonwealth of Massachusetts. Regis partnered with the West Suburban Veterans' District (WSVD) and Capital Wealth Management to develop the programs. Each session will be held twice—once at Regis' Weston campus and again at the Regis North campus at Northern Essex Community College (NECC) in Lawrence.

At the men's lacrosse annual military appreciation game in April, Regis students raised over \$600 for the New England Center and Home for Veterans in Boston, a group that works with homeless and housing-insecure veterans.



## Educating & Building the Workforce

Regis understands the struggle employers face in hiring skilled employees for specific roles. To support regional employers, Regis introduced the Theresa Wood Lavine Division of Professional Studies (DPS), offering 14 certificate programs tailored to upskill current employees or attract individuals with specialized expertise.

In April, Regis College hosted a President's Workforce Development Council Luncheon to enhance existing partnerships to address significant staffing and workforce shortages in health care in Massachusetts and across New England. Nineteen local leaders from major health care systems throughout Massachusetts were in attendance, including CVS Health, VA Boston Healthcare, Atrius Health, MassHire, and Boston Public Schools, among others.

According to President Hays, increasing access is one of the keys to building the pipeline of qualified health care workers. The university created the programs to ensure they could be accessible to anyone interested in a career in health care.

"Regis has made a point to develop programs and initiatives based on what the industry tells us is needed, not just what we think is best," said President Hays. "Regis has a storied history of innovating and responding to the needs of the times, providing industry and students with opportunities to grow."

**LEFT:** Regis recently earned Gold Status recognition as a Military-Friendly School in recognition of its extensive service to Veterans and a commitment to helping them earn a college degree.



## Lorraine's Leaders: A Pre-College Program for Brockton Students

**D**uring summer 2023, Regis welcomed its first class of Lorraine's Leaders, one of the university's pre-college programs. The Lorraine DeStefano Tegan '63 Leaders (Lorraine's Leaders) program was created to recognize and support rising high school juniors and seniors from New Heights Charter School of Brockton who seek to pursue a college degree as a first-generation student with a particular interest in health care or the sciences.

Through the program, students engaged in college-level courses, made new friends, and got a head start on college in a supportive academic environment. Their on-campus residential experience featured living in a residence hall, eating in the dining hall, taking trips into Boston, and participating in co-curricular activities on Regis' classic and close-knit New England campus.

"We designed this program to provide a taste of life on a college campus, while still in high school," said Early College Programming and Outreach Coordinator, Kim Rocco. "During their time in the program, the students discovered new interests, major options, and considered career paths in STEM as they begin to prepare for the college admission process."

## Regis Dental Center 'Gives Kids A Smile'

**R**egis students in the university's dental hygiene program provided free dental hygiene services to over 80 children as part of the American Dental Association's signature Give Kids A Smile (GKAS) event, which promotes access to oral health care for underserved children. Patients received free dental exams, X-rays, cleanings, fluoride treatments, and sealants at the Regis College Dental Center in Waltham.

"The dental hygiene program at Regis instills in students the latest dental hygiene practices and, in alignment with the university's mission, the importance of serving those in the greatest of need," said Regis College Dental Hygiene Program Director Karen D. Hallisey-Pesa, DMD. "The Give Kids A Smile event offers a wonderful opportunity for our students to serve the community while also gaining important, hands-on experience in

providing care to pediatric and adolescent patients."

The Regis Dental Center partnered with the Framingham Public School system to bring free dental services to the children of the community. The Metropolitan District Dental Society and the Pilgrim Church of Sherborn generously provided a donation to help support the event.

The Regis Dental Center is an educational facility that provides affordable dental care services to Waltham and the surrounding community. Services such as dental cleanings and exams, teeth whitening, X-ray services, periodontal assessments and oral cancer screenings are provided by Regis dental hygiene students under direct supervision of faculty. The fully equipped center features 20 dental treatment areas, a full complement of X-ray technology and a laboratory space. The center is open during the academic year and accepts new patients.

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**ABOVE:** During Give Kids a Smile Day, Regis students in the Dental Hygiene program provided free dental services to more than 80 underserved children.



# REGIS

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