



Regis College

Graduate and Professional Career Planning



On the journey with your fellow Regis graduates



A CLEAR PATH TO A WELL-EARNED PROMOTION

“Enthusiasm, commitment” and “tireless energy” made **Nikki Karr, MHA '21** a star at her workplace.

Imagine receiving a promotion at work and reading an email to your colleagues like this one:

“What separates Nikki from other leaders in the field is the enthusiasm and commitment to the Wellpath mission that she brings every day to her teams. While Nikki’s driving force has always been enhancing employee, client and patient-driven services while supporting the needs of the healthcare organization, she will be mostly missed for her sense of humor, her enthusiasm for the work and her tireless energy.”

Wellpath Senior Operations Director Emily B. Holmes, LICSW went on to mention Nikki Karr's "early service to the Commonwealth working with children, young adults, and families in the social services network and school district" which "served as a building block and testament to her dedication to this field."

In 2015, Nikki transitioned to correctional healthcare as a nurse where she "developed a passion for correctional nursing and embraced the challenges that accompany working in a maximum-security facility."

Holmes cited Nikki's "ability to forge a cohesive team amongst medical, mental health, and correctional employees by creating a vision for patient care that recognizes and values the contributions of all disciplines, including the role of security staff."

In conclusion, says Holmes, "Please join me in congratulating Nikki Karr, Regional Operations Administrator on her well-deserved promotion to Senior Regional Director of East Operations for the Wellpath Local Government Division."

From all of your friends at your alma mater, Nikki, we certainly do.

TAKE 5

Seeking career wisdom? Ask a professional.

We asked Nikki to share what she learned in order to obtain her current position and help her remain effective on the job. Here, in random order, are 5 of her takeaways:

- **5: Review** the job description prior to interviewing.
- **4: Understand** how the job correlates to your previous experience and schooling.
- **3: Be confident** in your learning.
- **2: Trust** in your knowledge and the skills you have attained through your growth and development.
- **1: Stand firm** and confident in your decisions.

DO YOU HAVE A NEW JOB with your present employer or another organization? If you would be willing to share more about how you got there, including advice for your fellow Regis graduates, contact Kaitlynn M. Arvidson, Ed.M. Director, Graduate and Professional Career Planning at Kaitlynn.arvidson@regiscollege.edu.



Regis College, Office of Graduate Affairs
235 Wellesley Street, Weston, MA, 02493 United States
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